

Why Zebras Don't Get Ulcers, 2nd Edition: An Updated Guide To Stress, Stress Related Diseases, And C By Robert M. Sapolsky

By Robert M. Sapolsky

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In his 1992 book on stress and aging, Robert Sapolsky pointed out that Why Zebras Don't Get Ulcers: An Updated Guide to Stress, Stress Related Diseases and

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Zebras don't get ulcers because they (mostly) only release stress hormones 'in the event of an actual emergency'. Trivia About Why Zebras Don't

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Dr. Robert Sapolsky is a Professor of Neurology at Stanford University. Dr.Sapolsky Spoke at the Brain Connection to Education Spring Conference 2000.

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